

2 Chronicles 20:2-4; Matthew 6:16-18; Acts 13:1-3 (ESV)

² Chronicles 20:2-4 Some people came and told Jehoshaphat, "A vast army is coming against you from Edom, from the other side of the Dead Sea... ³ Alarmed, Jehoshaphat resolved to inquire of the Lord, and he proclaimed a fast for all Judah. ⁴ The people of Judah came together to seek help from the Lord; indeed, they came from every town in Judah to seek him.

Matthew 6:16 "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. ¹⁷ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Acts 13:1 Now in the church at Antioch there were prophets and teachers... ² While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." ³ So after they had fasted and prayed, they placed their hands on them and sent them off.

SERMON NOTES

June 22, 2014

Blake Coffee, preaching

THE FAST AND THE CURIOUS

2 Chronicles 20:2-4; Matthew 6:16-18; Acts 13:1-3 (ESV)

Our current spiritual responses to stressful conditions are a perfect reflection of the spiritual _____ we have practiced up until now. What disciplines do my responses reflect?

In times of darkness and desperation, _____ is a means of keeping first things first and refocusing our dependence on God.

Fasting is strictly to fix my focus on God. Using it to bring any attention to _____ defeats its only legitimate purpose.

If prayer is learning to see the world through God's eyes, then fasting is a means of bringing that vision into _____.